



## DEEKSHARAMBH PG ORIENTATION PROGRAMME 2025

(05 August – 07 August 2025)  
Time to Shine - 2025  
Happiness Club

### Walk of Happiness: Dress, Express, Impress! Guidelines

1.	Name of Competition	Walk of Happiness: Dress, Laugh, & Express !
2.	Host Institute	Happiness Club
3.	Brief Description of Competition	A celebration of joy, self-expression, kindness, and creativity. This is a three-stage event which will allow student participants to express their personality, values, and ideas through fun, meaningful, and happiness-infused rounds.
4.	Topics (if any)	Dress, Laugh, & Express !
5.	Eligibility	Amity Students who have registered for Academic session 2025-26
6.	Rules	<p style="text-align: center;"><b>ROUND 1: Dress Me Happy</b></p> <p><b>Description:</b></p> <ul style="list-style-type: none"><li>Participants wear a dress that symbolizes joy, peace, self-love, kindness, dreams, growth, etc. They explain how the dress represents it.</li><li>Walk the ramp in style, flaunt the look, and share <b>ONE impactful Happiness Mantra</b></li></ul> <p><b>Rules:</b></p> <ul style="list-style-type: none"><li>45 second walk, 15 second mantra.</li><li>The mantra should be original and meaningful. Language no barrier</li></ul> <p style="text-align: center;"><b>ROUND 2: LOL Face-Off</b></p> <p><b>Description:</b></p> <ul style="list-style-type: none"><li>Participants from round One are paired on random basis for a <b>laughter face-off</b>.</li><li>They <b>face each other</b>, and each tries to make the other <b>burst out laughing</b> - using <b>expressions, body language, gibberish, mime, or inventive humor</b>.</li><li>No touching or verbal insults allowed.</li><li>If one laughs lesser comparatively— they're out! (Audience will laugh-vote too)</li></ul> <p><b>Rules:</b></p> <ul style="list-style-type: none"><li>Each face-off lasts <b>2 minutes max</b>.</li><li>Props are <b>not allowed</b></li><li>Audience vote will be valued. (50%)</li><li>Both participants must be respectful.</li><li>Inappropriate gestures or vulgarity leads to disqualification.</li></ul> <p style="text-align: center;"><b>Final Winner Selection</b></p> <p><b>Titles:</b></p> <p>Ist winner: Mr. / Miss Radiant Ramp: Best Walk</p> <p>IIInd winner: Mr / Miss Joymaker: Most expressive participant IN Laughter Face Off</p> <p>IIIrd winner: Mr / Miss Giggle Guru: Meaningful Happiness Mantra</p> <p><b>Tiebreaker (if needed):</b> 1-minute impromptu happiness speech or gesture round.</p> <p>Decision of Judges will be final and binding.</p> <p>All participants will be given E-Certificate</p>

7	Schedule (Date and Time) of competition date	<div> <div>Date</div> <div>Time</div> </div> Registration 05 Aug 2025 4.30 p.m. to 5.30 p.m. Registration Phase I 06 Aug 2025 4:30p.m. to 5:30 pm Ist round Phase II 07 Aug 2025 1:20 p.m. to 5.30 p.m. Final round
8	Event-in-Charge	Prof. Dr. Nitin Arora +91 8447968032,
9	Faculty In-charge	Prof. Nitin Arora - 8447968032
10.	Student Coordinators	Shivani Kasana - 7668770827, Crispina- 9910205692, Neha Nixon- 8920574232

S.No	Category	Head	Event Name	Host Name	Preliminary round		Finals at the University level	
					Date	Venue	Date	Venue
1	Well - Being	Prof. Dr. Nitin Arora	Walk of Happiness: Dress, Express, Impress!	Happiness Club	06-August-2025	F1-G03 Centre of Happiness	07-August-2025	F1-G03 Centre of Happiness

S.No	Activity Name	Faculty Coordinator	Email id	Mobile No
1	Walk of Happiness: Dress, Express, Impress!	Prof. Dr. Nitin Arora	happiness@amity.edu	<a href="tel:8447968032">8447968032</a>